**PROFESSIONAL BIO**

As a Spirit-Led Transformational Life Coach and Life Mastery Consultant, certified by Leader Breakthru and Brave Thinking Institute, Jennifer Capaldo is dedicated to helping you design and manifest a life that aligns with your Soul's purpose. With her guidance, you will experience a profound transformation, breaking through barriers to achieve your highest potential and experience the life you were created to live.

With a heart full of laughter and a deep connection to the Divine, Jennifer brings a unique blend of compassion, wisdom, and joy to her coaching practice. Her infectious laughter and positive energy create a welcoming and supportive environment for all her clients. Whether through one-on-one sessions or group workshops, Jennifer's approach is always Spirit-led, integrating coaching, mentoring, and Soul Care to meet the unique needs of each individual.

Sought-after as a guest blogger and podcast guest, Jennifer offers dynamic, content-rich workshops that guide participants through a journey of self-discovery and personal growth. Among them are: FOCUSED LIVING: Life’s Roadmap and CREATED FOR MORE: 3 Keys to Clarify Your Purpose. These interactive experiences are designed to help you create a clear vision of the life you desire, test it, and ultimately step into it with confidence and joy. By aligning your actions with your highest purpose, you can realize the life of your dreams.

Jennifer Capaldo believes that you are the greatest resource and authority over

your life's story. She honors and values your unique path, offering her guidance and support as you embark on your own transformational journey.